

Feeding our Oasis family this Christmas.



# FOOD PARCEL APPEAL 2021

**400**  
FOOD PARCELS



**Give a little. Help a lot!**

We are hoping to include the following in the food parcels for our beneficiaries with intellectual disabilities and their families.

Quantity	Packaging	Item
x2	400g	Peanut Butter
x1	150g	Biscuits
x1	1L	Fusion/Mix a Drink 1L
x1	900g	Jam
x2	80g	Jelly
x3	1L	Long life milk
x2	500g	Macaroni/Spaghetti
x1	2kg	Rice
x2	400g	Tomato Onion Mix/Peeled
x1	125g	Sweets
x1	2,5kg	Sugar
x1	100's	Tea
x4	400g	Tinned Baked Beans
x2	400g	Tinned fish (pilchards)
x2	400g	Tinned Peas
x2	50g	Tomato Paste
x2	45g	Royco Soup Powder
x2	20g	Stock Cubes
x1	750ml	Sunflower Oil
x3	10g	Yeast
x1	2,5kg	Maize Meal
x1	1kg	Cake Flour
x1	385g	Nestle Condensed Milk
x2	500g	Sugar Beans
x2	500g	Lentils

Quantity	Packaging	Toiletries
x2	100g	Bath Soap
x1	250/300g	Washing Powder
x1	750ml	Bleach/Jik
x1	100ml	Toothpaste
x1	750ml	All Purpose Cleaner
x1	750ml	Dishwashing Liquid
x2		Face Masks
x1	30-50ml	Hand Sanitizer

### VIA SNAPSCAN



### VIA EFT

Oasis Association  
**FNB** Claremont  
**Acc no:** 59371797078  
**Branch code:** 200109  
Please email your POP to [donor@oasis.org.za](mailto:donor@oasis.org.za)

### VIA DROP OFF

For all food item donations, we have set up a collection point at the Recycling drop-off (Cnr Lee and Imam Haron Roads, Claremont)

### CASH DONATIONS

Can be dropped off at our Claremont Oasis Book + Bric-a-Brac Shops. Cashiers will ring up your donation under "food parcels"

### EMAIL US

[donor@oasis.org.za](mailto:donor@oasis.org.za)  
**Please stipulate FOOD PARCEL on any donation.**  
If you require a Section 18A tax receipt please include your NAME and CONTACT DETAILS

**Find us at** Cnr Lee Road and Imam Haron Road (formerly Landsdowne Road), Claremont

**Operating hours** Weekdays 08h30 - 15h30, Saturday: 09h00 - 13h00 (excluding public holidays)

**Phone us** 021 671 2698 | [www.oasis.org.za](http://www.oasis.org.za) | Email the Donor Manager [donor@oasis.org.za](mailto:donor@oasis.org.za)