

FOOD PARCEL APPEAL

Feeding our
Oasis family
this Christmas.



OUR TARGET IS

350
FOOD PARCELS

(to meet all our Daycare and
Protective Workshop families' needs)

Give a little. Help a lot!

We are hoping to include the following in the food parcels.

Pilchards x2

Lentils 500g x1

Dried Beans 500g

Rice 2kg x1

Macaroni 500g x1

Tinned Tomatoes

Tomato Paste Sachet

Maize Meal 1kg

Samp 2,5kg x1

Freshpak Rooibos Tea (80's) x1

Sugar 2.5kg x1

Long Life Milk x2

Peanut Butter x1

Jam x1

Cake Flour 5kg x1

1 x sachet yeast

Small pack stock cubes x1

Condensed Milk x1

Baked Beans x1

Cordial

Biscuits/sweets

Packet soup

4 x facemasks

4 x bars of soap

Albex Bleach 750ml x1

Thank You